### JCSH News and Resource Bundle for February 1 2019

Hello everyone

Here is the News and Resource bundle for this week.

Cheers

Susan

**News Articles:** 

# 1) Winnipeg Harvest school breakfast program helps feed kids on weekends: Harvesting Hope raises \$76,360 so far

Manitoba's children represent 46% of those who use the province's food banks. The province's school breakfast programs provide essential nutrition to help kids learn through the week, but not the weekends. To support hungry students when school is not in, Winnipeg Harvest has launched a pilot at one elementary school; Breakfast2Go has launched a <u>donation page</u> to help ensure that those who need it have food through the weekends. Along with food that does not require adult supervision to prepare, are messages: each breakfast package has a note inside with affirmational phrases such as "I believe in me," or "I accept myself even though I sometimes make mistakes," or "Every day in every way, I get better and better."

https://www.cbc.ca/news/canada/manitoba/harvesting-hope-food-bank-breakfast-program-1.4944451

2) Education 'an engine for poverty eradication,' UN chief says marking international day

In his call on all countries to prioritize education as a public good, United Nations Secretary-General Antonio Guterres announced the first annual International Day of Education January 24. The head of the UN also noted that education is at the heart of the Sustainable Development Goals (SDGs) today, a basis for achieving the other goals, including reducing inequalities; improving health; achieving gender equality; fighting hate speech, xenophobia and intolerance; protecting the planet's resources; and nurturing global citizenship. The UN Educational, Scientific and Cultural Organization (UNESCO) Director-General, Audrey Azoulay, defined education as "a human right, a public good and a public responsibility, the most powerful force in our hands to ensure significant improvements in health, to stimulate economic growth, to unlock the potential and innovation we need to build more resilient and sustainable societies." https://www.brecorder.com/2019/01/25/468914/education-an-engine-for-poverty-eradication-

un-chief-says-marking-intl-day/

### 3) 15-year-old sparks international protest over climate change inaction

When Swedish high school student <u>Greta Thunberg</u> began a <u>solo climate protest</u> last August by conducting a strike from school, she was alone. By early December, more than 20,000 students around the world had joined her. The school strikes have spread to at least 270 towns and cities in countries across the world, including Australia, the United Kingdom, Belgium, the US, and Japan. "For 25 years countless people have come to the UN climate conferences begging our world leaders to stop emissions and clearly that has not worked as emissions are continuing to rise," she told the UN Climate Change Summit. "So I will not beg the world leaders to care for our future. I will instead let them know change is coming whether they like it or not." She also told other students that "You don't have to school strike, it's your own choice. But why should we be studying for a future that soon may be no more? This is more important than school, I think."

https://www.theguardian.com/environment/2018/dec/04/leaders-like-children-school-strikefounder-greta-thunberg-tells-un-climate-summit

#### 4) Centralized kitchen used to prepare hot lunches for PEI schools

A collaboration between the PEI Public Schools branch and a Charlottetown French community centre, Carrefour de l'Isle-Saint-Jean, has led to a hot lunches made from scratch using local foods for a number of Charlottetown elementary school students. The lunches include items such as bulgar with chickpeas, chicken and vegetables and tortellini with sweet potato, spinach and kale and are provided to students on a 'pay what you can' basis. This demonstration project pilot allows organizers to see how the centralized kitchen model will work and be used to ensure a smoother transition for the 9 pilot schools in fall 2019.

https://www.cbc.ca/news/canada/prince-edward-island/pei-hot-lunch-schools-1.4997504

## Resource: Ten Canadian Schools' Stories of Climate Action

This document by UNESCO, The Sustainability and Education Partnership Network, and the University of Saskatchewan's Sustainability Education Research Institute outlines a collection of promising practices of climate action taking place in 10 Canadian UNESCO Associated Schools. The whole school approach framework resembles the JCSH Comprehensive School Health Framework. https://sepn.ca/wp-content/uploads/2018/12/CCUNESCO-ASPnet-Pilot-School-Stories-EN-2018-12-04-1.pdf?utm\_source=EdCan+Network+Newsletters&utm\_campaign=1902c5cefc-Bulletin ENGLISH DECEMBER 2018&utm medium=email&utm term=0 82bbb8cbfe-1902c5cefc-447729841